## SHREE SWAMINARAYAN BAL YUVAK MANDAL S.K.S. SWAMINARAYAN TEMPLE (LONDON) Westfield Lane, Kenton, Harrow, Middlesex,HA3 9EA

TEL: 020 8909 9899 FAX: 020 8909 9389



# HANUMAN JAYANTI

Tuesday Chaitra sudh 15

Hanumanji was born to Anjani, the wife of Kesari Vanar the king of the monkeys, as result of number of divine events. Longing for a son, Anjani performed penance to please Lord Shiva. Lord Shiva was pleased with Anjani's penance and gave her darshan. He blessed Anjani and then asked her to pray to Vayu Dev god of the wind. Vayu Dev was pleased and granted Anjani a Son.

At the same time, the King of Ayodhya; Dashrath, was also performing a yagna in order to obtain sons. Vashista Muni was invited to this yagna and instructed King Dasrath to share the prashad amongst his three wives equally. King Dashrath split the prashad into two halves and gave them to Kaushaliya and Keikay equally and asked them to give half of their share each to Sumitra, therefore Kaushaliya and Keikay had a quarter of the prashad and Sumitra had two quarters, resulting to four sons between them.

A hawk flew over and stole some of the prashad from Sumitra's bowl and flew away. As it flew over Anjani's residence the hawk dropped the prashad which was carried by the wind and dropped on her lap, Anjani ate this prashad and henceforth gave birth to Hanumanji. Lord Swaminarayan praised Hanumanji for his unbroken devotion to Lord Rama; Hanumanji was regarded as Lord Swaminarayan's Kuldev (protector).

It is quoted in Shikshapatri (slokh 85) 'In the event of afflictions caused by any evil spirits my devotees shall either only chant the mantra of Hanuman Mantra or Narayan Kavach but never resort to chanting the mantras of other demi gods.' Hanumanji has served Lord Rama, Lord Krishna and also Lord Swaminarayan throughout their time on earth.

His nature was wild on one occasion as a baby he was very hungry, as he lied down he saw the sun in the sky and thought it was a fruit and went to pick it. He flew into the sky and put the sun in his mouth. Lord Indra requested Hanumanji to return the Sun; he finally unleashed his vajra and knocked Hanumanji down to earth releasing the sun. Indra and various other devas granted Hanumanji with several boons namely strength, immortality, wisdom and ability to travel great distance easily.

He helped Lord Rama in search for Sita and the defeat of evil Ravana. He crossed the vast sea between India and Sri Lanka with a long jump and meet Sitaji. As this was their first meeting Sri Ram gave Hanumanji his ring to show Sitaji that Hanumanji had come with a message from Sri Ram.

When Laxman was rendered unconscious by Ravana's Son Indrajit, Hanumanji was sent to fetch special herbs (Sanjeevani Booti) from mount Dronachal in order to revive him. He could not identify the herbs from the others so he picked up the whole mountain and brought it to Lord Ram.

On Lord Ram's coronation, Sita gave Hanumanji her pearl necklace, Hanumanji took the necklace and began to break the pearls with his teeth. Not seeing his master Lord Ram in the pearls he disregarded the necklace and said "He desires nothing that does not consist of Lord Ram the members of the assembly then questioned whether he was really a true devotee of Lord Rama on hearing this Hanumanji tore open his chest to reveal Lord Rama and Sita in his Heart.

In Dwapar Yug when Lord Vishnu incarnated again as Lord Krishna, Hanumanji meet his younger brother Bheem. Bheem was one of the Pandavas born to Kunti by the blessing of the wind God. Hanumanji, with a view to vanish Bheems pride of strength laid himself on his way, leaving no margin to go ahead. He disguised himself as an old monkey and stretched his tail on the path. When Bheem reached there he asked the old monkey to get his tail aside so that he could go onward. Hanumanji told Bheem that he was an old person and could not lift his tail himself. He would be pleased if Bheem could lift it for him. Bheem tried to lift the tail but he; being the strongest person of that age, could not move the stretched tail aside. Hanumanji told him that he should not be proud of his strength and also revealed his identity. During the war with Kauravs in Mahabharat Hanumanji promised Bheem that he would be on the flag of Arjun's war chariot.

On Ghanshyam's Chhatti evil Kalidatta sent his Krityas (female companions) to kill Ghanshyam, when the Krityas kidnapped Ghanshyam, distraught Bhaktimata cried for help. Hanumanji appeared before them and said I will return with your son, He captured the Krityas and beat them with his mighty tail and returned Ghanshyam to Bhaktimata.

During Nilkantvarni's vanvicharan, Nilkantvarni became tired and fell asleep in the forest; Hanumanji was coming to have darshan of Nilkantvarni. In this forest Asuras were roaming the forest for food they saw Nilkantvarni has a defenceless child and would be a very easy meal but has they approached Nilkantvarni. Hanumanji saw this and fought off the Asuras and sat down beside Nilkantvarni in order to protect him whilst he was sleeping. On wakening Nilkantvarni saw Hanumanji and granted him a boon, Hanumanji requested that that he would remain at his service.

Hanumanji's qualities made him the ideal Bhakta.

On this day poojan of Hanumanji is performed with oil and ankada flowers followed by the Aarti and thal. Prashad of Geishyo, which can only be made by the male members, is served and Hanuman Chalisa is recited.

# SHREE SWAMINARAYAN BAL YUVAK MANDAL S.K.S. SWAMINARAYAN TEMPLE (LONDON)

Westfield Lane, Kenton, Harrow, Middlesex, HA3 9EA

TEL: 020 8909 9899 FAX: 020 8909 9389



# HANUMAN CHALISA

# Shree Guru Charan Saroj Raj Nij Man Mukur Sudhaari Baranau Raghuvar Bimal Jasu Jo Daayaku Phal Chaari.

After cleansing with the dust of holy guru's lotus feet the mirror of my mind, I henceforth describe the pure, untainted fame of Shree Raghuvar that goes to award the four fruits of life.

# Buddhi Heen Tanu Jaanike Sumiro Pavan Kumar, Bal Buddhi Vidya Dehu Mohi Harahu Kalesh Vikaar.

I taking myself to be without intelligence, remembering Pawankumar Shree Hanumanji, kindly fill me with might, intelligence, true knowledge and remove all my blemishes.

### Jay Hanuman Gnaan Gun Saagar, Jay Kapis Tihun Lok Ujaagar.

Victory to thee, O Hanumanji, ocean of wisdom, hail, oh the King of monkey's, luminous in all the three worlds, I hail to thee.

#### Ramdoot Atulit Bal Dhaama, Anjani Putra Pavansut Naama.

You are the divine messenger of Ram, the very repository of immeasurable strength Anjani's son, known as the Son of the Wind.

### Mahabir Bikram Bajarangi, Kumati Nivar Sumati Ke Sangi.

You are valiant and brave, with a body like lightening. You are the dispeller of darkness of evil thoughts and companion of good sense and wisdom.

## Kanchan Baran Biraaj Subesa, Kaanan Kundal Kunchit Kesha.

Shree Hanumanji's physique is golden coloured. His dress is pretty, wearing (kundals) earrings and his hairs are long and curly.

## Haath Bajra Aur Dhvaja Biraajay, Kaandhe Moonj Janeu Sajay.

Shree Hanumanji is holding in one hand a lightening bolt and in the other a banner with the sacred thread across his shoulder.

#### Shankar Suvana Kesari Nandan, Tej Prataap Maha Jag Vandan.

You are the emanation of 'Shiva' and you delight Shree Kesari. Being ever effulgent, you are and hold vast sway over the universe. The entire world propitiates. You are adorable of all.

### Vidyavaan Guni Ati Chaatur, Ram Kaaj Karibe Ko Aatur.

You are the repository learning, virtuous; very wise and highly keen to do the work of Shree Ram.

#### Prabhu Charitra Sunibe Ko Rasiya, Ram Lakhan Sita Man Basiya.

You are intensely greedy for listening to the narration of Lord Ram's life story and revel in its enjoyment. You ever dwell in the hearts of Shree Ram, Sita and Shree Lakshman.

## Sukshma Roop Dhari Siyahin Dikhaava, Bikat Roop Dhari Lanka Jaraava.

You appeared before Sita in a diminutive form and spoke to her, while you assumed an awesome form and struck terror by setting Lanka on fire.

## Bhim Roop Dhari Asura Sanhare, Ramchandra Ke Kaaj Savaare.

He with his awful form, killed demons in Lanka and performed all acts of Shree

## Laaye Sajivan Lakhan Jiyaaye, Shree Raghubir Harashi Ur Laaye.

When Hanumanji made Lakshman alive after bringing *sanjivani herd* Shree Ram took him in his deep embrace, his heart full of joy.

#### Raghupati Kinhi Bahut Badaai, Tum Mum Priya Bharat Hi Sum Bhai.

Shree Ram lustily celebrated Hanumanji's excellence and remarked "You are as dear to me as my own brother Bharat"

#### Sahasa Badan Tumhro Jas Gaavain, Asa Kahi Shreepati Kanth Lagaavain.

Shree Ram hugged Hanumanji blessing him thus "Let the thousand- tongued sing your glories."

#### Sankaadik Brahmaadi Muneesa, Naarad Saarad Sahit Aheesa.

Sanak and the sages, saints, Lord Brahma, the great hermits, Narad & Goddess Saraswati along with Sheshnag and cosmic serpent, fail to sing the glories of Hanumanii.

#### Jam Kuber Digpaal Jahan Te, Kabi Kobid Kahi Sake Kahan Te.

What to talk of denizens of the earth like poets and scholars one etc. even the gods like Yamraj, Kuber and Dipal fail to narrate Hanumanji's greatness in total.

#### Tum Upkaar Sugreevahi Keenha, Ram Milaai Rajpad Deenha.

Hanumanji you rendered a great service for Sugreeva. It was you who united him with Shree Ram and installed him on the royal throne.

# Tumhaaro Mantra Bhibhishan Maana, Lankeshwar Bhaye Sab Jag Jaana.

By heeding your advice Vibhishan became Lord of Lanka, which is known all over the universe.

### Jug Sahastra Jojan Par Bhaanu, Leelyo Taahin Madhur Phal Jaanu.

Hanumanji gulped the sun at a distance of sixteen thousand miles considering it to be sweet fruit.

#### Prabhu Mudrika Meli Mukh Maaheen, Jaldhi Laadhi Gaye Acharaj Naaheen.

Carrying the lord's ring in his mouth, he went across the ocean. There is no wonder in that.

# Durgam Kaaj Jagat Ke Jete, Sugam Anugrah Tumhare Tete.

Oh Hanumanji! All the difficult tasks in the world are rendered easiest by your grace.

#### Ram Duvaare Tum Rakhvaare, Hoat Na Aagya Binu Paisaare.

You are the sentinel at the door of Ram's mercy mansion or his divine abode. No one may enter without your permission.

#### Sub Sukh Lahain Tumhaari Sharna, Tum Rakshak Kahu Ko Darna.

The devotees under your shelter feel happiness and are fearless forever, when you are protector.

### Aapan Tej Samhaaro Aapai, Tinau Lok Haank Te Kaanpai.

Only you can carry your own splendid valour. The three worlds shiver at your thunderous roar.

## Bhoot Pishaach Nikat Nahin Aavai, Mahabir Jab Naam Sunaavai.

Hanumanji's name keeps all the ghosts, demons and evil spirits away from his devotees.

#### Naasey Rog Harey Sub Peera, Japat Nirantar Hanumant Beera.

On reciting Hanumanji's holy name regularly all pain disappears.

#### Sankat Te Hanuman Chhudaavai, Man Karm Bachan Dhyaan Jo Laavai.

Those who remember Hanumanji in thought, word and deed are well guarded against evil in life.

#### Sub Par Ram Tapasvee Raja, Tinke Kaaj Sakal Tum Saaja.

You are caretaker of even Lord Ram, who has been hailed as Supreme Lord and the monarch of all those devoted to penances.

#### Aur Manorath Jo Koi Laavey, Soi Amit Jeevan Phal Paavey.

You fulfil the desires of those who come to you and bestow the eternal nectar.

# SHREE SWAMINARAYAN BAL YUVAK MANDAL S.K.S. SWAMINARAYAN TEMPLE (LONDON)

Westfield Lane, Kenton, Harrow, Middlesex, HA3 9EA

TEL: 020 8909 9899 FAX: 020 8909 9389



## Chaaron Jug Partaap Tumhaara, Hai Prasidh Jagat Ujiyaara.

Your magnificent glory is known through the four ages and your fame is radiantly noted all over.

## Sadhu Sant Ke Tum Rakhwaarey, Asur Nikandan Ram Dulaarey.

You are the saviour and the guardian angel of saints and sages and destroyer of all the demons; you are the seraphic darling of Shree Ram.

#### Ashta Siddhi Navnidhi Ke Daata, As Bar Din Jaanaki Maata.

Hanumanji has been blessed by mother Janki to grant to any one any yogic power of eight Sidhis and Nav Nidhis as per choice.

# Ram Rasaayan Tumhaare Paasa, Sada Raho Raghupati Ke Daasa.

Oh Hanumanji! You hold the essence of devotion to Ram, always remaining his servant

### Tumhaare Bhajan Ram Ko Paavey, Janam Janam Ke Dukh Bisraavey.

Through devotion to you, one comes to Ram and becomes free from suffering of several lives.

#### Ant Kaal Raghubar Pur Jayee, Jahan Janam Hari Bhakt Kahaayee.

And at the moment of death one goes to Ram's abode and is born as devotee of Ram.

## Aur Devata Chit Na Dharaee, Hanumant Sei Sarva Sukh Karaee.

You need not hold any other Demigod in mind, Hanumanji alone will give all happiness.

### Sankat Kate Mite Sab Peera, Jo Sumirey Hanumat Balbeera.

Oh powerful Hanumanji! You end the suffering and remove all pain from those who remember you.

#### Jay Jay Jay Hanuman Gosai, Kripa Karahu Gurudev Ki Naain.

Hail to lord Hanumanji! I seek your honour to bless me in the capacity of my supreme teacher.

#### Jo Sat Baar Paatth Kar Koi, Chhutahi Bandhi Mahasukh Hoi.

One who recites this Hanuman Chalisa one hundred times daily for one hundred days becomes free from the bondage of life and death and enjoys the highest bliss.

#### Jo Yah Pade Hanuman Chalisa, Hoi Siddhi Saakhi Gaureesa.

As Lord Shankar witnesses, those who recite Hanuman Chalisa regularly will be benedicted.

#### Tulsidas Sada Hari Chera, Keeje Naath Hridaay Mahan Dera,

Tulsidas always the servant of Lord prays "oh my Lord! You enshrine within my heart."

# Pawantaney Sankat Haran, Mangal Murti Roop, Ram Lakhan Sita Sahit, Hridaay Basahu SurBhoop.

O Son of the Wind, destroyer of suffering, embodiment of blessings, O King of Gods, live in my heart with Shree Ram, Lakshman and Sitaji.

Siya-Var Ram-Chandra-Ki Jay! Pavan-Sut Hanuman-Ki Jay!